

University of Virginia Schwartz Center Rounds®  
*Presents*  
**“The Mentor Who Changed Me”**

July 15, 2026 | 12:00-1:00 P.M.  
Zoom – [register to receive the link](#)

**Panel Members**

Dana Breeding, BSN  
Andrea Colasurdo, BSN  
Anna DeLong, LCSW  
Anna Haupt, RN

*Through stories and conversation, this multidisciplinary panel will reflect on the mentors who changed them - their lessons, encouragement, and impact on their professional and personal journeys. Together, we will honor those who helped shape us and reflect on the influence we hope to have on others.*

Sponsored and produced by the Office of Team Wellbeing and the Compassionate Care Initiative

**Provided by UVA Health Continuing Education**

**Course Description:** *These interprofessional panel-based discussions allow for healthcare workers to reflect and share about how they are affected by their work. The goal of the program is to foster and support empathy, collaboration and compassion for self and others. Panels are selected to address pertinent issues occurring in our healthcare system.*

**Target Audience:** Physicians, Nurses, PAs, Social Workers, and other Healthcare Professionals

**Desired Outcomes:**

- Explain new guidelines, techniques, and recent research into clinical practice based on the concepts shared in this series.
- Discuss current clinical cases in the context of evidence-based medicine to identify appropriate screenings and treatments for patients.
- Improve healthcare outcomes by regularly and frequently engaging the healthcare team in up-to-date and evidence-based education.
- Promote the maintenance, improvement, and broadening of knowledge and skills throughout your professional life through attendance at this regularly scheduled series.
- Incorporate systems-based and practice-based processes to improve patient safety and quality in healthcare.
- Communicate effectively with clinical colleagues by incorporating interprofessional discussion techniques and patient-centered strategies, as appropriate.

- Analyze published outcome results and apply to current cases to inform the appropriate treatment of patients and practice of medicine.

### Program Objectives:

- Recognize social, emotional, ethical, and personal issues related to the care of patients and the impact on caregivers
- Demonstrate enhanced communication with patients, family members and colleagues
- Describe multiple perspectives of health care professions and practices
- Develop opportunities to provide and receive professional support
- Create listening skills that are active, open-minded, and respectful

### Accreditation & Designation Statements:



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians:** UVA Health Continuing Education designates this live activity for a maximum of **1 AMA PRA Category 1 Credits™**. Healthcare Professionals should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** UVA Health Continuing Education awards **1** contact hour for nurses who participate in this educational activity and complete the post activity evaluation.



**Physician Associates:** UVA Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **1.0** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



**Social Workers:** As a Jointly Accredited Organization, UVA Health Continuing Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive **1.0 general** continuing education credit.

**Hours of Participation:** UVA Health Continuing Education awards **1** hour of participation (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity.

UVA Health Continuing Education maintains a record of participation for six (6) years.

**Full Disclosure Policy Affecting CE Activities:** As a joint accredited provider, UVA Health Continuing Education requires an attested and signed global disclosure of the existence of all financial interests or relationships with commercial interest from an individual in a position to control the content of an activity sponsored by UVA Health Continuing Education.

**Disclosure Summary:** The following relationships have been reported for this activity:

| Name          | Role                     | Relationship                                                         | Companies                 |
|---------------|--------------------------|----------------------------------------------------------------------|---------------------------|
| Hannah Crosby | Planner / RS Coordinator | Stocks or stock options, excluding diversified mutual funds (active) | Medtronics (Any Division) |

**All relevant financial relationships have been mitigated for this activity. No one else in a position to control the content of this educational activity has disclosed a relevant financial interest or relationship with any commercial interest.**

**Disclosure of faculty financial affiliations** UVA Health Continuing Education as a Joint Accreditation Provider adhere to the ACCME Standards for Integrity and Independence in Accredited Continuing Education, released in December 2020, as well as Commonwealth of Virginia statutes, UVA policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public. All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stock holder, member of speaker's bureau, etc.). UVA Health Continuing Education employs appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to UVA Health Continuing Education, Charlottesville, VA.

**Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices**

As a Joint Accreditation provider, UVA Health Continuing Education, requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.